

Health, Physical Education, & Athletic Department

4115 Lake Ave Rochester, New York 14612

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Leadership Academy Lions

Parents & Students:

On behalf of Leadership Academy for Young Men I would like to welcome and cordially invite you to become part of the Lions athletic tradition. The Lions participate in the City-Catholic and Rochester Leagues and compete at the Modified levels which consist of 7– 8 grades and the Freshman, JV and Varsity levels which consist of grades 9-12 on the Charlotte Campus. The programs offered for the 2016-2017 school year for the LAFYM Lions include:

Fall Sports	Winter Sports	Spring Sports
JV/Varsity Football	Boys Varsity/JV/Freshman Basketball	Boys Varsity Baseball @ Franklin
Boys Varsity Soccer @ Edison	Varsity Indoor Track	Boys JV Baseball
Boys Varsity Volleyball	Varsity Bowling	Boys Varsity Track & Field @ Franklin
Cross Country @ Franklin	Varsity Swimming @ East	Boys Varsity Tennis
Modified Volleyball	Varsity Wrestling @ East	Modified Tennis
Modified Soccer	Modified Basketball	Modified Lacrosse
Modified Football@ Franklin	Modified Swimming	Modified Baseball
	Modified Wrestling	Modified Track

The Leadership Academy's traditions include a balance of academic and athletic skills whose sole purpose is the advancement of our student athletes intended for graduation and collegiate programs. Attached you will find a schedule of requalification dates at various RCSD high schools. Varsity fall sports begin **Monday August 15, 2015** and **Modified sports begin September 7th; except Modified Football which will start August 24th 2015 @ Franklin High School.** Student Athletes wishing to participate must present the following qualifications:

Medical requirements to participate in sports include:

- Physical exam (**Has to be within 1 year!**)
- Updated tetanus shot.
- Interview with school nurse (requalification papers must be presented to the coach before becoming eligible to practice).
- Written permission to participate by doctor if asthma and/or life-threatening allergy. **Self-Medication Form**
- Students must have corrective lenses (glasses and/or contact) with them during requalification process.
- Signed Parent Consent Form (enclosed in this mailing)
- Signed Eligibility Form (enclosed in this mailing)
- Signed Medical Eligibility Form (enclosed in this mailing)

How do you sign-up?

You must attend a requal date at any location (**Please see attached**)

- You must bring the following paperwork to the requal completed in full: Signed Parent Consent Form (enclosed in this mailing)
- Completed Physical Form, including proof of current physical within the last year (enclosed in this mailing)
- Signed eligibility form(enclosed in this mailing)

Bring your paperwork from the nurse clearing you to participate to the first practice – High School – **August 15th** – Modified Football -**August 24th**- Other Modified Sports- **September 7th**.

Attend all practices – JV and Varsity Sports start August 15th; Modified September 7th - No one is allowed to practice without a completed requal form signed by the nurse!

Varsity/JV Football & Soccer players must be requalified prior to August 15th or they will miss the opening scrimmage and possibly the first game!!